



The Medicine Wheel is an ancient tool of mysterious origins, with the oldest dating back about 4000 years. Stories and meanings vary from native tribe to tribe in North America. In this workshop, we will focus on Sun Bear's vision of the Medicine Wheel. His Medicine Wheel has been created and utilized by thousands of

participants worldwide for more than 25 years. We will construct a wheel and dance the positions into place with chants and drums. You will learn the meaning of the positions within this sacred and magical circle of life. Each position also represents your astrological birthplace within the wheel. You will learn how to utilize this knowledge in your own life journey. There will be a Sweat Lodge on Saturday night for all Saturday and Sunday workshop participants to pray within yet another sacred circle. At the end of the 2<sup>nd</sup> day, we will collectively give life to our personal earth dances, our healing, and the healing of Mother Earth. We will then dismantle the Wheel circle, just as a sand painting's energy is rearranged, when the healing work is complete. The energy and message of the Wheel then lives within each of us and on the land as we return to our regular lives.

## WIND DAUGHTER

Since beginning her journey with her gift of song many years ago, Wind Daughter has built a program of experiential workshops and retreats to teach others how to renew their relationship with Mother Earth, and to reach within themselves to sustain their spirits.

As a trained ceremonialist, Wind Daughter works with regional circles and groups, as well as national events, to assist others in the path of healing. Wind Daughter is the founder and Director of West Winds -- an experientially oriented spiritual organization in Arkansas, as well as the adopted daughter and long-time student of Grandfather BearHeart Marcellus Williams. In late 2006, after receiving guidance through prayer, reflection, and consultation, Wind Daughter was guided give name to her own vision, while continuing to carry The Bear Tribe's teachings & the Bear Tribe Medicine Chief bundle into a new era, creating The Panther Lodge Medicine Society.

Nestled on Cassadaga Lake & surrounded by towering trees, Lily Dale has been dedicated to spiritual development for 129 years. Lily Dale offers a healing atmosphere in a beautiful setting in which to do our spiritual work.